

Post-mortem ABCB1 genotyping reveals an elevated toxicity for female digoxin users

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Abstract

Background P-glycoprotein, a common transporter molecule, is known to affect metabolic functions in humans. Polymorphisms of the multidrug resistance gene (ABCB1/MDR1) coding for P-glycoprotein have been linked to changes in the processing of several commonly used medications in patients. Here, we have evaluated the impact of ABCB1 single nucleotide polymorphisms on digoxin fatality, through investigation of the relationship between post-mortem digoxin concentration and ABCB1 genotype. **Methods** The effect of three ABCB1 single nucleotide polymorphisms (SNPs) (3435C>T, 1236C>T, and 2677G>T) on digoxin concentration was examined in 112 deceased Finnish subjects through RT-PCR genotyping of post-mortem blood samples. These subjects were selected on the basis of digoxin findings during the post-mortem toxicology screen, and categorized by digoxin concentration into three distinct groups. The distributions of mutant alleles and haplotypes in the deceased were compared to a random sample of 143 Finns.

Results Mutant genotype frequencies showed a positive relationship with post-mortem digoxin concentration for all SNPs. Female subjects showed a more emphatic pattern, suggesting a higher risk of digoxin intoxication.

Conclusions These findings demonstrate a link between ABCB1 polymorphisms and increased mortality, and suggest that individualized genotyping should be considered prior to digoxin treatment. This research also exemplifies the value of gender-segregated genotyping studies in

helping establish drug safety parameters, while allowing more decisive determination of cause and manner of death in a medico-legal context.

Keywords ABCB1 · Gene · Single nucleotide polymorphism · Digoxin · Pharmacogenetics

Introduction

Digoxin is a frequently used drug intended for treatment of heart conditions, e.g., atrial fibrillation and flutter, and in cases where patients fail to respond to other medication [1]. Digoxin has several concentration-dependent adverse effects, and these along with a narrow therapeutic range, slow excretion, and accumulation can contribute to its lethality. In post-mortem toxicology analyses, digoxin is a common finding [2] and can impede the decisive establishment of the cause and manner of death when the drug is present within the limits of toxicity.

General metabolic efficiency and the processing of xenobiotics such as digoxin are linked to the transporter P-glycoprotein, encoded by the ABCB1 (also known as MDR1) gene and expressed in multiple tissues [3]. In the past decade, the exact effect of single nucleotide polymorphisms of ABCB1 on digoxin processing has been a matter of controversy. Hoffmeyer et al. showed that subjects with the 3435C>T genotype displayed higher levels of digoxin in plasma after a single dose than those with wild-type alleles [4]. These results were contradicted in studies on Japanese subjects [5]; however, more recent research has confirmed the link between mutant genotype and decreased P-glycoprotein activity in Caucasian as well as Asian populations [6–8]. The cause of the discrepancy is still unknown and has been suggested to result, e.g., from

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dietary differences; an alternate explanation or contributory factor may be genetic variation among populations [7, 9].

Two widely researched ABCB1 single nucleotide polymorphisms (SNPs), 3435C>T and 1236C>T, are synonymous polymorphisms on exons 26 and 21, respectively, while 2677G>T/A on exon 12 is nonsynonymous with a T-allele coding for serine instead of wild-type alanine. The 2677G>T/A has never, to our knowledge, been associated with any metabolic phenotype independently. The SNPs are strongly linked and the TTT (mutant) haplotype may play a stronger role in digoxin metabolism than any of the three singularly [6, 9, 10].

In this study, the relationship between digoxin concentration and genotype was investigated in post-mortem subjects. The aim was to evaluate the impact of ABCB1 polymorphisms on digoxin fatality, in order to (1) help establish safety parameters for digoxin in persons of various genotypes, and (2) aid forensic pathologists in correctly determining the cause and manner of death.

Methods

The effects of ABCB1 polymorphisms were assessed in individuals who died in the years 2000–2009, and were positive for serum digoxin in the post-mortem toxicology scan at the University of Helsinki, Department of Forensic Medicine. Permission to perform genotyping studies on post-mortem samples was accorded by Finnish law and by the National Supervisory Authority for Welfare and Health. The subjects were divided into three groups according to post-mortem digoxin concentration (<2.6, ≥2.6, and ≥7 nmol/L) (Table 1). Under 2.6 nmol/L is the therapeutic concentration for digoxin, while over 7 nmol/L is considered toxic. Individuals with cause of death established as disease, undetermined, or digoxin-related were included in the study while those determined as suicide or (non-digoxin-related) accident victims in the death certificate were omitted. The case group consisted of 112 individuals. Subjects with polypharmacy were assessed with the SFINX drug-interaction database [11] to identify potential interaction with digoxin. The database categorizes interacting drugs in terms

of clinical significance (A–D, D the most serious) and strength of evidence (0–4, 4 being controlled, scientifically relevant patient studies). As a control group, 143 unrelated Finnish subjects were genotyped in order to establish allele frequency at the general population level.

For the case group, DNA extraction was performed from femoral blood stored on FTA paper, by Chelex resin (Bio-Rad, Hercules, USA) extraction. For the control group, DNA was extracted from blood using the EZNA SE blood DNA isolation kit (Omega Bio-Tek, Norcross, USA). The subjects were genotyped for ABCB1 SNPs 3435, 1236, and 2677 using RT-PCR with Taqman Universal PCR Master Mix No AmpErase UNG, with three custom-ordered genotyping assays including sequence-specific primers from Applied Biosystems (Foster City, CA) (Table 2). Cycling conditions consisted of a 10-min activation at 95°C, denaturing at 92°C for 15 s, and extension for 1 min at 60°C for 40 cycles.

Allele frequencies were determined for each group as a whole, and established for males and females separately in the case group (Table 1). Finnish mutant allele frequency was compared with published data from 14 other populations. Haplotype frequencies were estimated using Phase v. 2.1.1 [12] using 1,000 iterations with 1,000 iteration burn-in and thinning by ten. The runs were repeated five times with different starting seeds to ensure convergence. The haplotypic genotype frequencies were tested for deviations from the Hardy–Weinberg equilibrium using Arlequin v. 3.11 [13], and haplotypic differentiation between the random sample and different post-mortem sample groups were tested for statistical significance with the method implemented in Phase v.2.1.1 (1,000 permutations).

Results

Among the case samples, there was a positive correlation between the number of mutant alleles and the amount of digoxin in the blood. This was observed for each SNP individually as well as for the TTT haplotype. In addition, differences in genotype frequencies appear to be strongly gender-specific, with the trend more conspicuous in the female group.

Background allele frequency

The frequency distribution of three SNPs of the ABCB1 gene in the Finnish population was investigated in this study. For this control group, 143 subjects were genotyped. The proportion of mutant alleles in the Finnish population is considerable when compared to populations elsewhere in Europe (Fig. 1). This holds for each individual SNP; the mutant frequencies for 3435C>T (0.661), 1236C>T (0.542), and 2677G>T (0.564) were all higher than the European

Table 1 Case group mutant allele frequencies (*p*T) for three ABCB1 SNPs combined

	<2.6 nmol/L		≥2.6 nmol/L		≥7 nmol/L	
	<i>p</i> T	<i>N</i>	<i>p</i> T	<i>N</i>	<i>p</i> T	<i>N</i>
Female	0.548	126	0.598	112	0.767	60
Male	0.516	192	0.583	120	0.519	54
Total	0.528	318	0.591	232	0.649	114

N denotes number of genotyped alleles

Table 2 Primer sequences. Underlined bases designate location of single nucleotide polymorphisms

Assay	Primer/probe	Sequence
3435C→T	Forward primer	GCCGGGTGGTGTCA <u>C</u> A
	Reverse primer	ATGTATGTTGGCCTCCTTTGCT
	VIC probe	CCCTCACGATCTCTT
	FAM probe	CCCTCAC <u>A</u> ATCTCTT
1236C→T	Forward primer	TCTCACTCGTCTGGTAGATCTTG
	Reverse primer	CACCGTCTGCCACTCT
	VIC probe	TCAGGTTCAGG <u>C</u> CTT
	FAM probe	TCAGGTTCAG <u>A</u> CCCTT
2677G→T	Forward primer	GAAATGAAAATGTTGTCTGGACAAGCA
	Reverse primer	CTTAGAGCATAGTAAGCAGTAGGGAGT
	VIC probe	TTCCCAGCACCTTC
	FAM probe	TTCCCAG <u>A</u> ACCTTC

average. The average frequency of mutant (T) alleles in the control group for all three SNPs combined was 0.589, with some contrast between individuals of eastern (0.615) and western (0.549) Finnish ancestry (Fig. 2). The estimated frequency of the mutant TTT haplotype was 0.512 for the Finnish population. The haplotypic genotypes were in Hardy–Weinberg equilibrium ($P=0.565$), despite the fact that the haplotype frequency differences between eastern and western Finland appear statistically significant ($P=0.037$).

ABCB1 alleles in case groups

On the haplotypic level, the case samples were in Hardy–Weinberg equilibrium ($P=0.783$), and the haplotype frequencies did not differ significantly from the control

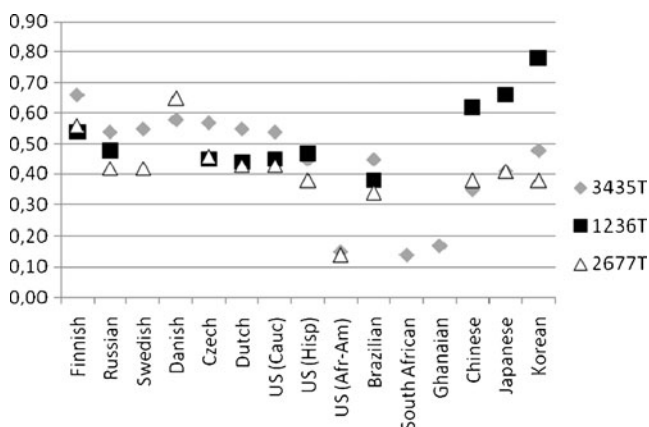


Fig. 1 Frequency of mutant alleles for three single nucleotide polymorphisms in populations worldwide [23–35]. In the Finnish population, the frequencies were: 3435C>T=0.661, 1236C>T=0.542, and 2677G>T=0.564. The sample size for the Finnish population was 143 individuals. For worldwide populations, sample size ranged from 26 to 500 individuals

group ($P=0.414$). The case group can thus be considered to represent a random sample of the population. Contrasted with the mutant allele frequency of the control group (0.589), the frequency was found to be lower (0.528) in the <2.6 nmol/L case group but higher in the >7 nmol/L group (0.649). The middle group of 2.6–6.9 nmol/L (0.591) reflected the control in terms of allele frequencies (Fig. 2; Table 1). This pattern was also observed for each SNP individually. Analysis of 112 case subjects produced some unsuccessful allele calls in a small percentage of the cases. Some unobtained calls may be due to the presence of the untyped low-frequency allele SNP2677G>A. Ultimately, 664 alleles were genotyped for the case group.

Segregation of the post-mortem samples by sex revealed conspicuous differences. The upward trend observed in case samples is strongly accentuated for female subjects taken separately, both for combined alleles (Fig. 2; Table 1) as well as for each SNP individually. Genotype frequency patterns also consistently reflected those of the allele frequencies. Female subjects showed 0.238, 0.278, and 0.400 TTT/TTT frequencies in <2.6, >2.6, and >7 nmol/L concentration groups, respectively. These trends were not observed in male subjects (males=0.194, 0.200, and 0.111). On the haplotypic level, significant deviation from the control could be observed in the >7 nmol/L group, males and females combined ($P=0.008$) and the >7 nmol/L females ($P=0.025$).

Discussion

High mutant frequency in ABCB1 SNPs among Finns

Within Europe, these polymorphisms have shown high uniformity of frequencies with few exceptions. In contrast,

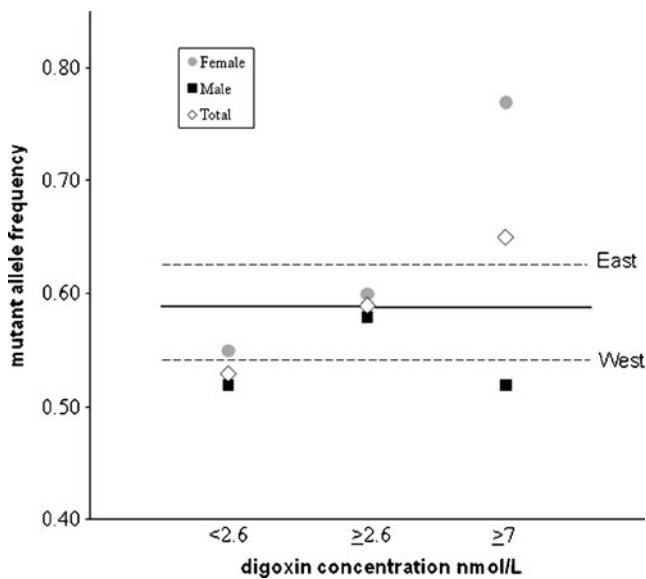


Fig. 2 Mutant allele frequencies in total for three SNPs (3435C>T, 1236C>T, 2677G>T), grouped by digoxin concentration in case subjects. For each group <2.6, ≥2.6, ≥7 nmol/L: men ($N=192$, 120, 54) and women ($N=126$, 112, 60). Horizontal lines indicate mutant allele frequency for the Finnish control population (0.589; continuous), separated further into eastern (0.615) and western (0.549) Finland (hatched lines)

we found that the proportion of mutant alleles in the Finnish population is considerably higher than elsewhere in Europe. This finding is in agreement with previous studies establishing Finns as genetic outliers among Europeans [14]. Mutant frequencies observed in this study were also higher than those found among Finns previously [15] which may partly stem from high population subdivision, as evidenced in other genetic markers in the Finnish population [16, 17] and also observed in the ACBC1 haplotypes in this study. The rare A allele of SNP 2677 was not analysed in this study; however, its estimated frequency of 3.3% [15] is low and does not cause significant deviation from Hardy–Weinberg equilibrium in the current data. The strong occurrence of the mutant TTT/TTT genotype (0.315) and TTT haplotype (0.512) in Finns may indicate a greater-than-average susceptibility to digoxin intoxication in the population as a whole. Distressingly, due to the versatile substrate affinity of P-glycoprotein, this vulnerability may not be limited to digoxin alone, but in all probability extends also to other drugs.

High mutant frequency in females suggests a toxicity risk

Remarkably, when the sexes in the case group were separated, a clear trend could be observed. The frequency of mutant alleles in the female Finnish population is notably high, especially in subjects with high post-mortem digoxin concentration (Fig. 2; Table 1). Indeed, the pattern manifests so prominently in the female subjects as to

completely shift the perspective for the case group when analyzed in total, with both sexes included. This pattern remains statistically significant even in the smallest sample groups. It appears then that in comparison to wild-type alleles, mutant genotypes do not allow for efficient digoxin processing and therefore may contribute to greater lethality. This supports the clinical notion that females with mutant genotypes are more vulnerable to lethal digoxin intoxication compared to males [18, 19].

Women have a lower body mass than males, but several studies have indicated that this alone does not account for the difference in metabolic effects between the sexes. These may result instead from effects of a hormonal nature [20] such as, perhaps, the steroid-dependence of P-glycoprotein development, and in consequence the presence of less P-glycoprotein in the liver to expel toxic substances [21]. Other contributory factors could be a slower rate of renal clearance [22] and the interaction of digoxin with hormone replacement therapy in postmenopausal age groups [18].

In light of our findings, it is recommended that future pharmacokinetic studies include male–female segregation, as the genders separately can give a vastly different, more accurate perspective of metabolic effects than the two combined. Further studies on this topic are required to ensure that drugs prescribed are within the limits of safety.

Drug interactions

The Swedish–Finnish drug-interaction database [11] describes several drugs shown to interact with digoxin. A notable fraction of subjects (20%) had cross-reacting drugs in their system, ranging from level D4 (verapamil) to B3 (carvedilol) in the SFINX database. The cases were also examined separately by removing the subjects with verapamil interactions [2]; this did not significantly alter the results.

Cross-prescribing of medications is a common occurrence in subjects over 65 years of age. This matter is complicated by the lack of national healthcare databases to monitor the prescribing of drugs. Clearly, the current situation introduces a significant health risk and our study underlines the need for an extensive prescription database available to both the public and private sectors of medicine.

In post-mortem examinations, a drug present within the limits of toxicity can be a confounding factor for pathologists attempting to establish cause of death. This research highlights the importance of gender-segregating genotyping studies: as few as three SNPs and a limited number of subjects can reveal conspicuous patterns of broad significance. Further research on metabolic genes such as ABCB1 will help define parameters of safety for a wide range of medications and patient genotypes, with the added benefit of ultimately allowing more definitive determination of the cause and manner of death.

The original data are available upon request (anu.neuvonen@helsinki.fi or antti.sajantila@helsinki.fi).

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